

Zion Parish Notices

October 2024

Services in October

Wednesday 3rd

10.30am Wholeness & Healing

Sunday 6th

The Nineteenth Sunday after Trinity

10.30am Holy Communion

Wednesday 9th

10.30am Holy Communion

Sunday 13th

The Twentieth Sunday after Trinity

10.30am Morning Prayer

Wednesday 16th

10.30am Holy Communion

Sunday 20th

The Twenty-first Sunday after Trinity

Harvest Service

10.30am Holy Communion

Wednesday 23rd

10.30am Holy Communion

Sunday 27th

The Fifth Sunday before Advent

10.30am Morning Prayer

Wednesday 30th

10.30am Holy Communion



Confirmation in Zion 2025

We are in the process of putting together a schedule of classes in the Autumn/winter for the confirmation group of 2025. If you are interested please contact Deirdre at zionparish@gmail.com

Parish Out & About



Our next Parish visit is on Thursday 24th October. At 2pm we will have a guided tour of St Audoen's Church and Visitor Centre followed by an audio tour led visit to Christ Church Cathedral. Both visits are free of charge. Drop Deirdre a message if you'd like to come along. zionparish@gmail.com





Choir Gathering

On Sunday 22nd September Zion Choir gathered for lunch hosted by Barbara Bailey. The gathering was to say farewell to Olive and Alan Nairn who are moving away from Zion. We will miss them in the Parish and in the choir and wish them the best of luck in their new home.

DRAGONS' DEN WINNER

StarCamp HALLOWEEN CAMP with Gala

IRELAND'S NO.1 MONSTERRIFIC CAMP!

TRICK OR TREAT - MUSIC - DANCE - MAGIC
 MOVIE SCRIPTS - COMEDY - ART - CAMP GAMES
 TALENT SHOW - PARTY - SUPERHEROES
 END OF WEEK SHOWCASE - AND SO MUCH MORE!

OCT 29TH - NOV 1ST 9.30AM - 2.30PM
 4 DAY HALLOWEEN PARTY FOR KIDS!

WWW.STARCAMP.IE

Halloween Camp in Zion Parish Hall



Baptisms in Zion

On Sunday 15th September Alex Huggard and Aoife Breen were baptised by Rev'd Caroline Casserly. They are pictured here with their families (left) The Huggard family and (right) The Breen family.

Hall fun activities

Ready for Artzone to begin!
A new after school activity in the school



Womens Lunch

Women's Lunch in the Dropping Well - Sue Barber is organising a lunch for the women of Zion Parish on Sunday 24th November 12.30 for 1pm. Please put the date in your diary and more details will follow.

MONDAYS

Michele Irvine Pilates

9.30am - 10.30am Contact: irvinemichele@gmail.com

Ladybirds 5.15pm - 6.15pm Contact: Katherine.kmoore2220@gmail.com

Brownies 6.15pm - 7.45pm Contact: randallsarah11@gmail.com

Guides 7.15pm - 8.45pm Contact: randallsarah11@gmail.com

'LeesonGar' Venture Scouts 8pm - 9pm

Contact Group Leader Killian Halpin: killianhalpin@gmail.com

TUESDAYS

Fitness League (gentle exercise, all ages)

10:30 - 11.30 Contact: Valerie 01-2988550

Active Retired (senior group)

2:15 - 3pm Contact: Valerie 01-2988550

Healer Prayer Union

8pm First Tuesday each month

Contact: cathyslye@itc.ie

Table Tennis

8pm Contact: Brian (086) 8098473 or Peggy(087) 993 0576

WEDNESDAYS

10.00am-12.00pm Mother & Toddler Group

A very popular group, admission is on a first-come basis

Hablo Espagnol Spanish Classes for kids

3.30pm - 5.40pm

Contact David: habloespanolcourses@gmail.com

THURSDAYS

Pilates Class with Lisa

9.30am - 10.30am

Contact Lisa Singleton: lisingleton1805@gmail.com

Fitness League (gentle exercise, all ages)

11am - 12pm Contact: Valerie 01-2988550

FRIDAYS

Quilting Bee 2pm - 5pm fortnightly

Contact: orlakelly54321@gmail.com

SATURDAYS

Young European Strings Orchestra 8.30am-1.30pm

Contact Maria: yes@youngeuropeanstrings.com

Girls' Brigade 2pm-6pm

Contact Gillian: GLESWARE@svhg.ie Gillian at (087) 797 0688

Bowls Club 7pm-10pm

Contact: Ray (087)6196656 or Ronnie (087) 0546564

Parish Hall Activities

New members wanted



For girls aged 5-7

Do you want to be a Superhero?

Ladybirds is part of the Irish Girl Guides, and meets in your area for ... Fun ... Games ... Art and crafts ... Life skills ... Sports ...

For more information contact kmoore2220@gmail.com 087 2986519



THE GIRLS' BRIGADE IRELAND

12TH COMPANY ST. CATHERINE'S/ZION

COMPANY SPOTLIGHT

Who? Girls aged 2-17 - currently welcoming new members!

Where? Zion Parish Hall, Rathgar

When? Saturday afternoons

How can I join? 12thcostcatherines@girlsbrigadeirl.ie

@GIRLSBRIGADEIRL

WWW.GIRLSBRIGADEIRL.IE



Zion Parish Indoor Bowling Club

Zion Court Bally Park Road/Kellogg Dublin 08 H12H

The Dublin and District United Church Indoor Bowling Association

2024-2025 season will be starting in October. The Zion Club is always open to new members.

No experience necessary. Lessons provided.

Play takes place on 3rd and 4th Thursday of the month and each Saturday evening, 7.30- 9.30pm (Only requirement is to wear flat soled shoes).

All ages welcome. Refreshments provided.

For more information please contact: Ray Jordan : rjordan@tcd.ie Mobile: 0876196656 or just turn up on the evening.

IMPORTANT NOTICE

In an emergency **first call 999** and give eircode **D06 H1X6**

Check that the person has stopped breathing.
Begin chest compressions, and **open defibrillator** packaging. **Switch on**. The unit will 'speak' to you, guiding you through exactly what needs to be done.

The most important this you can do for a person who has stopped breathing is to proceed with **chest compression at a rate of 30 swift and strong compressions** to the sternum (breastbone), followed by **two deep breaths mouth to mouth** (*hygiene mouth shield supplied in bag*) Keep doing this until the ambulance arrives.

This is tiring and you will need to share performing chest compressions with another person, keeping to a consistent *30 compressions-2 breaths, 30- 2 breaths etc.* **You cannot hurt a person who has stopped breathing. They need the help that you can give.**

This is a lifesaving device – Do not play with it or remove anything from the storage box.

Zion Defibrillator

There is a defibrillator in Zion Parish Hall. These notices are displayed next to it as a reminder of what to do should it be required.



AUTOMATED EXTERNAL DEFIBRILATOR

EASY TO FOLLOW INSTRUCTIONS

1. TURN ON AED



SET THE AED ON THE SAME SIDE OF THE PATIENT AS YOU THEN PRESS THE ON BUTTON. REMOVE ALL CLOTHING FROM THE PATIENTS CHEST AND PULL THE RED HANDLE

2. PLACE PADS



PLACE PATCHES TO THE RIGHT UPPER CHEST AND THE LOWER LEFT OF THE PATIENT DO NOT TOUCH PATIENT WHILE ATTACHED

3. WAIT FOR SHOCK



STAND BACK AND WAIT FOR THE MACHINE TO DELIVER A SHOCK. THEN PROVIDE CHEST COMPRESSIONS

Watch Youtube video showing how the defibrillator works [here](#)



CALL 999



DEFIBRILLATE



PROVIDE CHEST COMPRESSIONS

WATCH HERE





Autumn Dates for the Diary

Pets' Service

29th September

10.30am Family Service

Harvest Service

20th October

10.30am Holy Communion

Patronal Festival

The anniversary of the
Opening of Zion Church on All Saints' Day 1861.

Sunday 3rd November

10.30am Holy Communion

**A Service of Wholeness and Healing with an Act
of Remembrance and Prayers for the Healing of
the Nations**

10th November

10.30am

**Service to celebrate the
Ministry of Women in Zion**

24th November

10.30am Family Service